



# Adult Patient Introduction

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Address: \_\_\_\_\_ Male / Female  
Home: \_\_\_\_\_ Marital Status:  
Cell: \_\_\_\_\_ Married Single  
Work: \_\_\_\_\_ Divorced Widowed  
Email: \_\_\_\_\_ Partner

Spouse's Name: \_\_\_\_\_  
Children's Name/Age: \_\_\_\_\_  
\_\_\_\_\_

## Insurance Information (if applicable)

Name of insured \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Insurance Company \_\_\_\_\_  
Phone # \_\_\_\_\_  
Group ID # \_\_\_\_\_  
Policy# \_\_\_\_\_

I understand and agree that health and accident policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that Lighthouse Chiropractic will prepare any necessary reports and forms to assist me in making collections from the insurance company and that any amount authorized to be paid to Lighthouse Chiropractic will be credited to my account upon receipt. **However, I CLEARLY UNDERSTAND AND AGREE THAT ALL SERVICES RENDERED ME ARE CHARGED DIRECTLY TO ME AND THAT I AM PERSONALLY RESPONSIBLE FOR PAYMENT.** I also understand that if I suspend or terminate my case and treatment, any fees for professional services rendered me will be immediately due and payable.

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|                 |                      |      |
|-----------------|----------------------|------|
| Patient Name    | Patient Signature    | Date |
| Guardian's Name | Guardian's Signature | Date |

# I. General Information

How did you hear of our office?

Business Card    Web Search    Doctor    Friend    Fitness Center    Event

Who may we thank for referring you? \_\_\_\_\_

Have you ever been to a Chiropractor before?                      Yes    No

Date of Last visit: \_\_\_\_\_ Reason for Care: \_\_\_\_\_

How long were you under care: \_\_\_\_\_ Were x-rays taken?    Yes    No

# II. Chief Complaint

Reason for seeking Chiropractic Care today: \_\_\_\_\_

Is issue a result of:    Car Accident                      Work Related                      Other                      \_\_\_\_\_

Have you seen any other doctor for this problem?                      Yes    No    Dr. Name \_\_\_\_\_

List any medications: \_\_\_\_\_  
\_\_\_\_\_

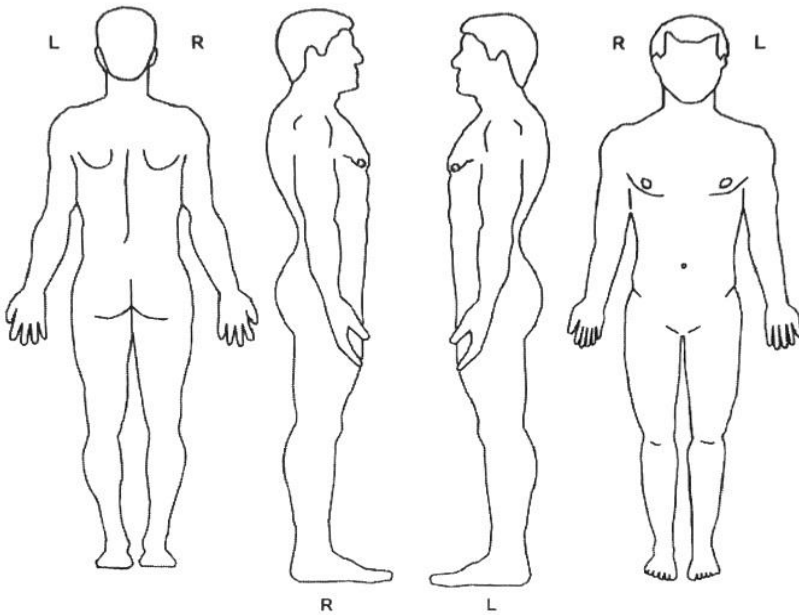
Are you    Left Handed /    Right Handed

What type of work do you do? \_\_\_\_\_

How many hours do you spend:

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Driving \_\_\_\_\_ in Manual Labor \_\_\_\_\_

**Circle the areas where you have any problems**  
**Please also describe these problems.**



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Mark as follows:  
A - Ache    B - Burning    N - Numbness    P - Pins & Needles  
S - Stabbing    O - Other - Describe \_\_\_\_\_

Are you Pregnant? \_\_\_\_\_ Weeks Due Date \_\_\_\_\_

Have you had any Concussions? Yes / No How many? \_\_\_\_\_ When? \_\_\_\_\_

Have you had any Surgeries Yes / No

Please Explain

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**Have you had or have the following?**

| Symptoms and Problems        | Constant or Frequent | Occasional |
|------------------------------|----------------------|------------|
| Pain:                        | _____                | _____      |
| Neck                         | _____                | _____      |
| Shoulder(s): Right Left Both | _____                | _____      |
| Arm/Hand: Right Left Both    | _____                | _____      |
| Mid Back                     | _____                | _____      |
| Low Back                     | _____                | _____      |
| Hip/Sciatic: Right Left Both | _____                | _____      |
| Leg/foot: Right Left Both    | _____                | _____      |
| Joints                       | _____                | _____      |
| Headaches or Migraines       | _____                | _____      |
| Chest Pain                   | _____                | _____      |
| Disc Problems                | _____                | _____      |
| Joint Swelling               | _____                | _____      |
| Muscle Spasms                | _____                | _____      |
| Numbness/Tingling            | _____                | _____      |
| Dizziness/Vertigo            | _____                | _____      |
| Ringing in Ears              | _____                | _____      |
| Cough                        | _____                | _____      |
| Flu/Fever                    | _____                | _____      |
| Male Problems                | _____                | _____      |
| Female Problems              | _____                | _____      |
| Weakness                     | _____                | _____      |
| Fatigue                      | _____                | _____      |
| Heartburn/Ulcers             | _____                | _____      |
| Constipation                 | _____                | _____      |
| Diarrhea                     | _____                | _____      |

| Conditions              | Check all that apply |
|-------------------------|----------------------|
| Arthritis               | _____                |
| Bursitis                | _____                |
| Tendonitis              | _____                |
| Osteoporosis            | _____                |
| Insomnia                | _____                |
| Anxiety                 | _____                |
| Depression              | _____                |
| Blood Disorders         | _____                |
| High/Low Blood Pressure | _____                |
| Varicose Veins          | _____                |
| Heart Problems          | _____                |
| Diabetes                | _____                |
| Kidney Problems         | _____                |
| Lupus                   | _____                |
| Epilepsy                | _____                |
| Cancer                  | _____                |
| Hearing Loss            | _____                |
| Frequent Colds          | _____                |
| Asthma                  | _____                |
| Allergies               | _____                |
| Skin Conditions         | _____                |

### III. Childhood History (Prior to age 18)

Research is showing that many of the health challenges that occur later in life have their origins during our developmental years, some starting at birth. Please answer these questions to the best of your ability.

|  | Yes   | No    | Details |
|--|-------|-------|---------|
| Did you have any childhood illnesses?<br>(chicken pox, measles, etc.)  | _____ | _____ | _____   |
| Did you have any serious falls as child?<br>(tree, seesaw, crib, etc.) | _____ | _____ | _____   |
| Did you play youth sports?   | _____ | _____ | _____   |
| Did you have any surgeries?  | _____ | _____ | _____   |
| Prolonged use of medications?<br>(antibiotics, inhalers, etc.)         | _____ | _____ | _____   |
| Any car accidents?   | _____ | _____ | _____   |
| Were you vaccinated?   | _____ | _____ | _____   |
| Were you under regular Chiropractic care?                              | _____ | _____ | _____   |

### IV. Adult History (age 18 to present)

|                             |       |       |       |
|-----------------------------|-------|-------|-------|
| Do/did you smoke?           | _____ | _____ | _____ |
| Do/did you drink?           | _____ | _____ | _____ |
| Do/did you play sports?     | _____ | _____ | _____ |
| Did you have any surgeries? | _____ | _____ | _____ |
| Any car accidents?          | _____ | _____ | _____ |

|  | Yes   | No    | Details |
|--|-------|-------|---------|
| Any work injuries?   | _____ | _____ | _____   |
| Prolonged use of medications?<br>(antibiotics, inhalers, etc.) | _____ | _____ | _____   |
| Do you:  |       |       |         |
| Drink water?   | _____ | _____ | _____   |
| Consume Caffeine?  | _____ | _____ | _____   |
| Consume vitamins or supplements?                               | _____ | _____ | _____   |

On a scale of 1 (being none) to 10 (being severe), rate your stress at:      Home \_\_\_\_\_ Work \_\_\_\_\_

On a scale of Poor, Good, Excellent, describe your:

Diet \_\_\_\_\_ Exercise \_\_\_\_\_ Sleep \_\_\_\_\_ General Health \_\_\_\_\_

### V. Wellness Commitment

At Lighthouse Chiropractic, we are dedicated to achieving the goal of total lasting health for our members. To better help you achieve this we need to understand your commitment to being healthy. Based on a scale of 10% to 100%, please circle your personal level of commitment toward obtaining and maintaining health and wellness:

10%   20%   30%   40%   50%   60%   70%   80%   90%   100%

## VI. Missed Appointment Policy

With the exception of emergencies, it is vital that you keep all your appointments. Reminder cards are provided to help you save the date. If you need to re-schedule an appointment, please call our office and arrange for a make-up appointment. We would prefer the make up appointment to be within the same week.

In the instance of a no show, we reserve the right to charge you a \$20.00 fee. Thank you for your understanding.

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Patient/Guardian Name

Patient/Guardian Signature

Date

**\*\*\*Massages must be cancelled 24 hours in advance or you will be charged the full price for the massage.\*\*\***

## VII. Consent to Initiate Care

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. Our only practice objective is to eliminate subluxation which interferes with the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.

I, \_\_\_\_\_, have read and fully understand the above statements.  
(Please Print Name)

I hereby authorize the Doctor to provide any and all forms of evaluation, x-rays and care that may be indicated in connection with the patient above, and further authorize the consent that the Doctor chooses and employs such assistance as he sees fit. I also understand that prior to care, a full explanation of the procedure(s) involved will be given.

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Patient/Guardian Name

Patient/Guardian Signature

Date